



# *Sudbury* on Show 2022



## **Celebrating local voluntary community activity**

[sudburyonshow@sudburytowncouncil.co.uk](mailto:sudburyonshow@sudburytowncouncil.co.uk)



[www.sudburytowncouncil.co.uk](http://www.sudburytowncouncil.co.uk)



## Sudbury on Show 2022

I hope you will find this directory a useful guide to the numerous organisations and activities taking place in Sudbury and the surrounding area.

A year late due to the COVID 19 Pandemic, I am pleased to be part of the tenth Sudbury on Show event which was the brainchild of Lord Phillips of Sudbury and is being organised and produced by Sudbury Town Council.

Sudbury on Show gives an opportunity to local Charities, Voluntary Groups, Sports clubs and organisations, to show the level of activity and community spirit that has been a feature of Sudbury. It illustrates the continuing commitment and enthusiasm of a wonderful Market Town.

**Councillor Mrs Sue Ayres**  
**Town Mayor of Sudbury**

*'We live in challenging times! Driven by the assumption that 'bigger is better' the overlooked reality is that contentment and fulfilment mostly depend on a sense of belonging and a communal life rich in relationships, otherwise people tend to feel lonely – even anonymous'.*

*'Sudbury on Show is a chance for us all to celebrate the many great things still going on in our wonderful town and district. Above all, we hope it encourages people to get involved and so contribute to our general wellbeing'*

*Lord Andrew Phillips (Founder)*



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**Sudbury  
Town of the Year 2019**



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## THE 95 CLUB (FOR TODAY'S WOMEN)

1st & 3rd Thursday of the month. 2pm  
Lesley Roberts (Mrs),  
40, Waldingfield Road, Sudbury CO10 2PU.  
01787 374944  
leyannerobs@gmail.com

## ABBEYCROFT LEISURE

Kingfisher Leisure Centre, Station Road,  
Sudbury CO10 2SU.  
01787 375656  
contactus@acleisure.com  
www.acleisure.com

## ABI'S FOOTPRINTS BABY BANK

'Providing struggling families with free clothes and  
equipment for babies and young children'  
0-5 years.  
Clover Link, Clover Court, Great Cornard. CO10 0LL  
01787 323737  
abisfootprints@newlifechurch.community  
www.abisfootprints.co.uk

## ACTIVLIVES – GROW YOUR COMMUNITY SUDBURY & GT CORNARD

Every Thursday 9am – 12pm Belle Vue Park, Sudbury  
Dan Wheals, Community Gardner  
Brightspace, 160 Hadleigh Road. Ipswich, IP2 0HH  
01473 345350  
susannah@activlives.org.uk  
www.activlives.org.uk/activgardens

## AFC SUDBURY

Weekly.  
Club Secretary.  
AFC Sudbury, Mel Group Stadium, Brunton Lane,  
Sudbury CO10 7HN  
01787 376213  
secretary@afcsudbury.co.uk  
www.afcsudbury.co.uk

## AIR TRAINING CORPS 2470 (SUDBURY)

Ages 12 (year 8) -17 years  
Drill Hall, Gainsborough Street, Sudbury. CO10 2EU.  
01787 376794  
sudburyaircadets@aol.com  
www.sudburyaircadets.btck.co.uk

## ALZHEIMER'S SOCIETY

Disability Resource Centre  
Papworth House, 4 Bunting Road  
Bury St Edmunds, Suffolk IP32 7BX  
01284 753886  
support@alzheimers.org.uk  
www.alzheimers.org.uk

## ART CLUB – SUDBURY & DISTRICT

Meet at the Stevenson Centre – Great Cornard  
Wednesday 10am – 2pm & Thursday 7pm-9pm  
Mrs R Bayliss, Chairman  
7 Priory Road, Sudbury. CO10 1LB.  
01787 311210

## ASSOCIATION OF MINIATURISTS - SUDBURY

Tuesday – monthly 7.30pm – 10pm  
Under 16s to be accompanied by an adult  
Anne Worton  
2 Lambert Drive, Acton, Sudbury, Suffolk CO10 0BU  
01787 371758  
peter\_worton@hotmail.com

## BABERGH/MID SUFFOLK DISTRICT COUNCIL

Endeavour House, 8 Russell Road,  
Ipswich, Suffolk IP1 2BX  
www.baberghmidsuffolk.gov.uk

## BOWLS CLUB – GREAT WALDINGFIELD

Mr G Sparkes  
Tentree Road, Great Waldingfield, Sudbury CO10 0SD.  
07955 862514  
gilbertsparkes@gmail.com

## BOWLS CLUB – SUDBURY

Daily.  
Barry Richell  
Quay Lane, Sudbury. CO10 2AN.  
07788 588044  
sudburybowlsclub@outlook.com  
www.sudburybowlsclub.com

## BOXING CLUB – SUDBURY AMATEUR

Ages 7 – 40 years Thursdays & Sundays, weekly  
Behind Kings Head Public House  
115 Bures Road, Gt Cornard, Sudbury. CO10 0JE.  
07508 249395  
sudburyabc@gmail.com  
www.sudburyabc.co.uk



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## **CAMERA CLUB – SUDBURY**

Alternate Thursdays. 7pm – 9.45pm.  
Thomas Gainsborough School, Head Lane,  
Great Cornard, Sudbury.CO10 0HU  
01787 372505  
trevorgreenbb@btinternet.com

## **C'ART**

18 years +, Thursdays, weekly  
Karoline Wells, Facilitator for BSEVC Charity  
c/o The Christopher Centre, 10 Gainsborough St.  
Sudbury. CO10 2EU  
07850 883373  
Karoline.wells@bsevc.co.uk

## **CHRISTIAN AID COMMITTEE – SUDBURY AREA**

Meet annually to plan for Christian Aid Week in May  
Revd Canon David Stranack, Chairman  
12, Sandy Lane, Sudbury CO10 7HG.  
01787 881657  
david.stranack@btinternet.com  
www.christianaid.org.uk

## **CHURCHES TOGETHER IN SUDBURY & DISTRICT**

Rev Ruth Ridge,  
4, Kedington Court, Acton, Sudbury CO10 0XB.  
07447 091182  
ruthkridge@gmail.com  
www.churchestogetherinsudbury.org.uk

## **CITIZENS ADVICE – SUDBURY & DISTRICT**

Publicity Officer, Sudbury & District Citizens Advice  
Keyse House, Acton Lane, Sudbury CO10 1QN  
01787 321400  
advice@sudburycab.org.uk  
www.sudburycab.org.uk

## **COMPASSION**

Charity offering support services for people who  
have experienced domestic abuse.  
C/o 19 Kings Hill, Gt. Cornard, Sudbury CO10 0EH  
07597 337831  
sharron@compass-ion.org  
www.compass-ion.org

## **CONSERVATIVE ASSOCIATION SOUTH SUFFOLK**

Sudbury/Gt Cornard Branch  
4 Byford Road, Sudbury CO10 2YG.  
01787 312363  
info@southsuffolkconservatives.org.uk

## **COMMUNITY KITCHEN - SUDBURY**

(Part of Sudbury market Town Partnership)  
Mondays, weekly, 12.00pm – 2.00pm  
c/o 1 Bank Buildings, Station Road, Sudbury CO10 2SP  
01787 310476  
info@sudburymarkettownpartnership.org.uk  
www.sudburymarkettownpartnership.org.uk

## **COTTAGE CRAFTS**

Wednesdays, 10.00am – 1.00pm  
The Jetty, Quay Lane, Sudbury.  
01787 312053

## **CRICKET CLUB – SUDBURY & DISTRICT**

Senior men, ladies and junior sections.  
Monday – Sunday inclusive, weekly, mid-April to  
mid-September.  
Times vary according to match/ training  
The Pavilion, Quay Lane, Sudbury CO10 2AN  
sudburycricketsecretary@hotmail.co.uk  
www.sudburycricket.co.uk

## **CYCLE CLUB – SUDBURY**

Sundays, weekly, 9am from Market Hill  
robin@cycleclubsudbury.com  
www.cycleclubsudbury.com

## **DISABLED PEOPLE – SUFFOLK COALITION OF**

Room 4, Castle Hill Community Centre,  
Highfield Road, Ipswich. IP3 6DG.  
01473 557577  
enquiries@scodp.org.uk  
www.scodp.org.uk

## **DRAMATIC SOCIETY – SUDBURY**

Generally over 18, Sundays, weekly, 7.30pm  
Linda Betteridge  
c/o The Quay Theatre, Quay Lane,  
Sudbury CO10 2AN  
01787 374745  
publicity@sudburydramatic.com  
www.sudburydramatic.com



# SUDBURY ADVICE CENTRE

At Sudbury Town Hall, accessed via Gaol Lane



*"We are the Customer Access Point for the Town Council, Babergh Mid Suffolk District Council and Suffolk County Council, providing helpful guidance and advice".*

Providing information and advice on behalf of all three councils for the following matters:

## SUDBURY TOWN COUNCIL

- Town Councillors
- Community Wards
- Newton Road Cemetery
- Sudbury Allotments
- Ballingdon Allotments
- Tourist Information Centre (located in Sudbury Library)
- Sudbury Market



## BABERGH MID SUFFOLK DISTRICT COUNCIL

- Council Tax
- Housing Benefit
- Gateway to Homechoice
- General advice



## SUFFOLK COUNTY COUNCIL

- Highways concerns—reporting things such as streetlamps; pot holes and pavement defects
- Blue Badge Applications;
- Bus pass information;
- Guidance on school admissions—via SCC website



Open Monday to Thursday 9am-5pm, Friday 9am-4.30pm  
(closed for lunch everyday 12.30pm-1.30pm)



# A-Z of Organisations

## **EDEN'S PROJECT (YOUTH CENTRE)**

Ages 11-18 years (School Years 7-13), weekly,  
Tuesdays, Thursdays, Fridays, afternoons or evenings  
Stuart Ayling, Project Manager  
45, Gainsborough Street, Sudbury CO10 2EU.  
01787 375247  
info@edensproject.co.uk  
www.edensproject.co.uk

## **EPHEMERA ARCHIVE – SUDBURY**

No age limit, 2nd Monday 10.00am -1.00pm  
& last Wednesday 1pm-4pm of every month  
Penny Power, Secretary  
Council Offices, Town Hall, Sudbury, Suffolk CO10 1TL  
07850 302975  
contact@sudburyephemera.org  
www.sudburyephemera.org

## **ESSEX & SOUTH SUFFOLK COMMUNITY RAIL PARTNERSHIP**

Ad Hoc  
June Povey, Manager  
c/o 14 Queens Road, Chelmsford CM2 6HA  
07889 742993  
info@esscrp.org.uk  
www.esscrp.org.uk

## **FAIRTRADE GROUP - SUDBURY**

Chairman – Mrs Sue Ayres  
3 Weavers Court, Sudbury CO10 1HY  
01787 310219  
sue.ayres@sudburytowncouncil.co.uk  
www.sudburyfairtrade.org.uk

## **FAMILY HISTORY SOCIETY – SUFFOLK**

Sudbury & District Group.  
Last Tuesday of the month – 2.30pm  
Shelia Piper - Chairwoman  
Long Melford Village Hall  
sudbury@suffolkfhs.org.uk  
www.suffolkfhs.co.uk

## **FESTIVAL OF PERFORMING ARTS - SUDBURY**

Meet annually in February & March  
Miss Isabel Hebden, General Secretary  
3 Singleton Court, Great Cornard,  
Sudbury CO10 0EN  
01787 373736  
sudfest-general@outlook.com  
www.sudburyfestival.org.uk

## **FIRST RESPONDERS – SUDBURY COMMUNITY**

Ages 18-70 years, Mondays, monthly, 7.30pm  
Martin Richards, Principal  
13 Rosemary Gardens, Sudbury CO10 1WL  
07980560529  
support@sudburyfirstresponders.co.uk  
www.facebook.com/sudburyFirstResponders/

## **FLOWER CLUB – SUDBURY**

2nd Thursday of the month. 7pm  
Mrs Brenda Graham, Secretary  
The Stevenson Centre, Great Cornard, CO10 0WD  
01787 370032  
brendagraham1@hotmail.com

## **FOXEARH MEADOWS NATURE RESERVE**

Andy Jowitt  
c/o 12 Fields View, Sudbury CO10 1BJ  
07584 751093  
jowitts@btinternet.com  
www.arochoa.org.uk

## **FREEMASONS**

Min Age 21 Mondays – Saturdays, inclusive,  
early evening  
c/o Freemasons Hall, North Street,  
Sudbury CO10 1NA  
07500 019396  
bill@dotesio-eyers.co.uk  
www.masoniccentre.co.uk

## **FREEMASONRY – SUDBURY**

Min Age 21, Mondays – Saturdays, inclusive,  
early evening  
Mr Bill Dotesio-Eyers, Immediate Past Master  
Stour Valley Lodge No 1224  
c/o 2 Long Pastures, Glemsford, Sudbury CO10 7SS  
07500 019396  
bill@dotesio-eyers.co.uk  
www.masoniccentre.co.uk

## **FRIENDSHIP DANCERS (EUROPEAN FOLK DANCE)**

Age 16+, Wednesdays, term time, 3.00pm – 5.00pm  
Robin Hart, Group Leader  
Long Melford Old School, Sudbury CO10 9DX  
01787 269613  
robinehart@hotmail.co.uk



# A-Z of Organisations

## **GATEWAY CLUB - SUDBURY**

Wednesdays, fortnightly, 7.30pm – 9.30pm  
John Phillips, Club Chair  
C/o 21 Old Court, Long Melford, Sudbury CO10 9HA  
01787 583557  
jfphillips1812@gmail.com  
www.sudburygateway.org.uk

## **GO START COMMUNITY TRANSPORT**

9.00am to 4.30pm daily and at other times when booked for specific groups or activities  
Mr John Phillips, Chair of Trustees/ Director  
Unit 6, South Suffolk Business Centre, Sudbury CO10 2ZX  
01787 242116  
gostart.ct@gmail.com  
www.gostart.org.uk

## **GREENER SUDBURY**

greenersudbury@gmail.com  
www.greenersudbury.com

## **GRYPHON FIRST AID UNIT**

Meet as and when required;  
event cover and training  
Martin Richards, Principal  
13 Rosemary Gardens, Sudbury CO10 1WL.  
07980560529  
gryphonfa@gmail.com  
www.gryphonfirstaidunit.co.uk

## **HISTORY SOCIETY – LT WALDINGFIELD**

Age 16 yrs +, Wednesday, monthly, 7.30pm  
Andy Sheppard, Secretary  
c/o School House, Church Road,  
Lt Waldingfield, Sudbury CO10 0SP  
01787 247980  
lwpcwebmaster@gmail.com  
www.littlewaldingfield.onesuffolk.net/organisations/  
little-waldingfield-history-society/

## **HISTORY SOCIETY - SUDBURY**

Meet 2nd Wednesday of the month, 10am – 12pm  
Mrs G Clephane,  
31 Old Court, Long Melford, Sudbury CO10 9HA  
01787 310249  
malcolm.shs@gmail.com  
www.sudburyhistorysociety.co.uk

## **HIVE**

Community Hub, School Street, Sudbury CO10 2HA  
01787 371333  
enquiries@sudburyhive.org  
www.sudburyhive.org

## **HOME-START IN SUFFOLK**

At least 1 child under 12, weekly visits from a volunteer, day or evening, weekdays  
8a The Square, Martlesham Heath, Ipswich IP5 3SL  
01473 621104  
headoffice@homestartinsuffolk.org  
www.homestartinsuffolk.org

## **JR FIRST AID**

18+  
6 Marlborough Drive, Sudbury. CO10 2PS  
07516 953117  
www.jrfirstaid-co-uk.co.uk

## **KERNOS CENTRE**

Age 5+, including adults, Mon – Saturday inclusive,  
8.30am – 7.00pm  
Chris Boatwright, Clinical Director  
32-34 Friars Street, Sudbury CO10 2AG.  
01787 882883  
admin@kernos.org  
www.kernos.org

## **LEADING LIVES**

Sudbury Community Hub, Northern Road,  
Chiltern Industrial Estate Sudbury CO10 2XQ  
01787 464380  
info@leadinglives.org.uk  
www.leadinglives.org.uk

## **LIBERAL DEMOCRATS - SUDBURY**

Mr N Bennett,  
101 Queens Road, Sudbury CO10 1PQ  
01787 315710  
nigel.a.bennett@googlemail.com  
www.southsuffolklibdems.co.uk



# A-Z of Organisations

## **MARKET TOWN PARTNERSHIP - SUDBURY**

Mrs Lesley Ford-Platt, Chairman & Trustee  
c/o 1 Bank Buildings, Station Road,  
Sudbury CO10 2SP  
07947 335252  
2001barnmouse@gmail.com  
www.sudburymarkettownpartnership.org

## **MINDFULLIVES MEDITATION GROUP**

Meet 2nd Saturday of the month.  
10.30am – 12.15pm  
Sudbury Quaker Meeting House,  
Friars Street, Sudbury. CO10 2AA  
07984 995041  
glenn@mindfullives.co.uk  
www.mindfullives.co.uk

## **MODEL RAILWAY CLUB - SUDBURY**

16+, meet weekly, Fridays, 7.00pm – 8.00pm  
Peter Worton, Manager  
2 Lambert Drive, Acton, Sudbury. CO10 0BU.  
01787 371758  
peter\_worton@hotmail.com  
www.sudburymrc.org.uk

## **MUSEUM TRUST - SUDBURY**

Mr David Burnett, Secretary  
c/o The Town Hall, Sudbury CO10 1TL  
01787 371880  
david.burnett@uwclub.net  
www.sudburyheritagecentre.co.uk

## **NO 72 FAMILY SUPPORT CENTRE**

72 North Street, Sudbury CO10 1RF  
01787 310610  
www.number72.net  
info@number72.net

## **OUR SPECIAL FRIENDS**

Frances Roach – Volunteer Support Manager,  
C/o British Racing School, Snailwell Road,  
Newmarket CB8 7NU  
office@ourspecialfriends.org  
www.ourspecialfriends.org

## **OXFAM – SUDBURY**

42 Market Hill, Sudbury CO10 2ER  
01787 375153  
oxfamshopf2606@oxfam.org.uk

## **SUDBURY NEWSTALK (FOR THE VISUALLY IMPAIRED)**

Mrs J Chambers, Chair  
7 Cann Close, Sudbury CO10 1YA  
01787 468535  
janeandjohncc@hotmail.co.uk  
www.sudburynewstalk.co.uk

## **ODDFELLOWS - BABERGH BRANCH**

Louise Smith  
Masonic Hall, North Street, Sudbury,  
Suffolk CO10 1NA  
01787 249 888  
Louise.smith@oddfellows.co.uk  
www.oddfellows.co.uk

## **PARKINSONS UK SUDBURY BRANCH**

The Stevenson Centre, Stevenson Approach,  
Gt Cornard, Sudbury.  
0344 225 3614  
llowe@parkinsons.org.uk

## **PHOENIX SUFFOLK COMMUNITY MARCHERS**

Age 6+  
Fridays, weekly, 6.00pm – 8.30pm  
Mrs Sabby Pettitt, Chairperson  
c/o 8 Hillside Road Sudbury CO10 2SA  
01787 881110  
phoenixmarchers2014@gmail.com

## **PROBUS CLUB LADIES - SUDBURY**

Retired ladies, Wednesday, monthly,  
10.30am – 12.30pm  
Margaret Taylor, Secretary  
Bull Hotel, Hall Street, Long Melford  
admin@sudburyladiesprobusclub.org.uk  
www.sudburyladiesprobusclub.org.uk

## **QUAY THEATRE**

Age Restrictions – dependent upon show  
Sharon Buckler, Coordinator  
Quay Lane, Sudbury CO10 2AN  
01787 374745  
admin@quaysudbury.com  
www.quaytheatre.co.uk



# A-Z of Organisations

## **QUAY SCHOOL OF THEATRE DANCE**

3+ and adults, meets Tuesdays, Wednesdays, Thursdays, Fridays, Saturdays, various times  
AFC Sudbury, Brundon lane, Sudbury. CO10 7HN  
07771 648649  
quaydance@hotmail.co.uk  
www.quaydance.co.uk

## **RAMBLERS – SUDBURY & DISTRICT**

Wednesdays, Sundays, walks on alternate Wednesday & Sundays, 10.00am in summer; 10.3am in winter  
Keith Brown / Linda Blazey, Chairman/ Secretary  
01787 370291  
secretary@sudburyramblers.org.uk  
www.sudburyramblers.org.uk

## **RAOB GAMBART LODGE 7204 (THE BUFFS)**

Age 18+  
The Stevenson Centre, Stevenson Approach,  
Gt. Cornard, Sudbury. CO10 0JT

## **RELIGIOUS SOCIETY OF FRIENDS – THE QUAKERS**

C/o Quaker Meeting House,  
22 Friars Street, Sudbury CO10 2AA  
01787 369613  
robinehart@hotmail.co.uk  
www.essexsuffolkquakers.org

## **RICHMOND FELLOWSHIP**

Supported housing and floating support provider  
01787 881307  
suffolk.recovery@richmondfellowship.org.uk  
www.richmondfellowship.org.uk

## **RIVER STOUR TRUST – VISITOR EDUCATION CENTRE**

Catherine Burrows, Manager,  
Visitor Education Centre, Dove House Meadow,  
Great Cornard, Sudbury CO10 0GF  
01787 313199  
administrator@riverstourtrust.org  
www.riverstourtrust.org

## **ROWING CLUB – SUDBURY**

Meet Saturdays & Sundays, weekly  
Antony Moule, Chairman  
C/o Quay Theatre, Quay Lane,  
antonymoule@aol.com  
www.sudburyrowingclub.org.uk

## **ROUND TABLE (SUDBURY & DISTRICT)**

Ages 18-45  
90 North Street, Sudbury CO10 1RF  
07572 291283/07811 107031  
sudburyroundtable@gmail.com  
www.sudbury-district.roundtable.co.uk

## **ROTARY CLUB OF SUDBURY**

16 +, meet Mondays weekly at 12pm – 2pm;  
Saturdays by arrangement  
C/o Moorlands Barn, Blackhouse Lane,  
Little Cornard CO10 0NL  
07341 290415  
info@sudburyrotary.com  
www.sudburyrotary.com

## **SCOUT GROUP- 3RD SUDBURY**

Ages 6-18, meet weekly, Monday – Friday,  
inclusive, various times  
Cathy Challis, Assistant Group Scout Leader  
The Scout HQ, Quay Lane, Sudbury CO10 2AN  
07808856545  
enquiries@3rdsudburyscouts.org.uk  
www.3rdsudburyscouts.org.uk

## **SPEAKERS CLUB – SUDBURY**

Monthly, Tuesdays 7pm – 9pm  
President – Kevin Northcott  
9 Chaplin Walk, Gt Cornard, Sudbury CO10 0YT  
Scs.kn@outlook.com

## **ST ANDREW'S CHURCH – GT CORNARD**

Secretary  
32 Canterbury Road, Sudbury CO10 1LJ  
01787 319080  
peterhalden@hotmail.com  
www.standrews-gc.org.uk

## **ST GREGORY'S CHURCH**

The Rectory, Christopher Lane, Sudbury CO10 2AS  
01787 375 027  
07956 456126  
parishsecretary@stgregspcc.uk  
www.stgregorychurchsudbury.co.uk



# A-Z of Organisations

## ST JOHN'S METHODIST CHURCH

York Road, Sudbury, Suffolk CO10 1ND  
01787 373185  
admin@stjohns-sudbury.co.uk  
www.stjohns-sudbury.co.uk

## ST NICHOLAS HOSPICE CARE – HOSPICE NEIGHBOURS

Hospice Neighbours Team  
St Nicholas Hospice Neighbours  
87 St John's Street, Bury St Edmunds IP33 1SQ  
01284 719 638  
www.stnicholashospice.org.uk/  
hospiceneighbours@stnh.org.uk

## ST. PETER'S – FRIENDS OF

The Friends - supporting the St Peter's regeneration project  
info@friendsofstpeters.org.uk  
www.stpetersudbury.co.uk

## SUDBURY CHORAL SOCIETY

Mondays. Weekly – 7.30 – 9.30pm  
Carolyn Silberfeld  
C/o Woodlands, Clay Hall Lane, Acton CO10 0AQ  
Carolyn.robert@btinternet.com  
www.sudburychoralsociety.co.uk

## SUDBURY COMMON LANDS CHARITY

Mr N Shimwell - Ranger  
07971 665870  
sudburycommonlandscharity@gmail.com  
www.sudburycommonlandscharity.org

## SUDBURY IN BLOOM

www.sudburyinbloom.org.uk

## SUDBURY JOGGERS

Age 16+, Wednesdays, weekly, 6.25pm, beginners; 6.55pm, main sessions  
Meet at the Kingfisher Leisure Centre  
Sarah Pennock – Ladies Captain  
07788 582626  
sudburyjoggers.org.uk  
spennock@sudburyjoggers.club  
www.sudburyjoggers.club

## SUDBURY LIBRARY – FRIENDS OF

Events dictate when they meet  
Janet Cruttenden  
c/o Sudbury Library, Market Hill,  
Sudbury CO10 2EN  
01787 321595  
friendsofsudburylibrary@hotmail.com  
www.suffolklibraries.co.uk/libraries/sudbury-library

## SUDBURY LIBRARY (SUFFOLK LIBRARIES IPS LTD)

Mondays to Sundays.  
Rachel Taylor, Library Manager  
Sudbury Library, Market Hill, Sudbury CO10 2EN  
01787 321595  
help@suffolklibraries.co.uk  
www.suffolklibraries.co.uk

## THE SUDBURY SOCIETY

Monthly 7pm – 8.30pm  
The Town Hall, Sudbury CO10 1TL  
info@sudburysociety.org.uk  
www.sudburysociety.org.uk

## SUDBURY SYMPHONY ORCHESTRA

07802 793768  
info@sudburysymphonyorchestra.com  
www.sudburysymphonyorchestra.com

## SUFFOLK POLICE

PC 270 Darren Marshall  
Acton Lane, Sudbury CO10 1QN  
Non emergency 101 / Emergency 999  
darren.marshall@suffolk.police.uk  
www.suffolk.police.uk

## THE BEFRIENDING SCHEME

Age 16+ Weekly, Wednesdays & Thursdays;  
Various days for outings  
Shirley Moore CEO  
1, The Croft, Sudbury CO10 1HN  
01787 371333  
info@thebefriendingscheme.org.uk  
www.thebefriendingscheme.org.uk

## THE BRIDGE PROJECT

01787 313691  
info@thebridgeproject.co.uk  
www.thebridgeproject.co.uk



# A-Z of Organisations

## **THE CHRISTOPHER CENTRE**

9.30am – 4pm daily.  
10 Gainsborough Street,  
Sudbury. CO10 2EU.  
01787 313914  
info@christophercentre.org.uk  
www.christophercentre.org.uk

## **THE SALVATION ARMY IN SUDBURY**

1 Station Road, Sudbury CO10 2SP  
7790959820  
sudbury@salvationarmy.org.uk  
www.salvationarmy.org.uk/sudbury

## **THE ROYAL BRITISH LEGION – SUDBURY & DISTRICT**

Ages 16+, meet 2nd Monday of the month, 7.30pm  
The Snooker Club, North Street, Sudbury  
Mr C Smith, Chairman  
Sudbury.chairman@rbl.community  
www.britishlegion.org.uk/branches/sudbury

## **TOWN TWINNING ASSOCIATION - SUDBURY**

Mary Dunk  
maryrdunk@yahoo.co.uk  
sudburytowntwinning.onesuffolk.net

## **TRANSITION SUDBURY & DISTRICT**

(part of Sudbury Market Town Partnership)  
c/o 1 Bank Buildings, Station Road,  
Sudbury CO10 2SP  
01787 310476  
transitionsudbury@gmail.com  
www.transitionsudbury.co.uk

## **TOURIST INFORMATION CENTRE – SUDBURY**

Town Hall, Sudbury CO10 1TL  
01787 372331  
info@sudburytowncouncil.co.uk  
www.sudburytowncouncil.co.uk

## **TREFOIL GUILD – SUDBURY**

Monthly. Age 18+  
Mrs J Freeman, Chairman  
C/o Wells Hall Old School, Gt Cornard CO10 0NH  
07775 436060  
june.freeman1@yahoo.com

## **TRISUDBURY**

Triathlon club - Ages 7+  
www.trisudbury.com  
membership@trisudbury.com

## **U3A – UNIVERSITY OF THE 3RD AGE**

Janet Cruttenden,  
C/o 24 Springfield Road, Sudbury CO10 01PH  
07708 677917  
janet.cruttenden@talktalk.net  
www.u3asites.org.uk/sudbury

## **UP-BEAT**

Tuesday's. 9.30am – 10.25am &  
10.40am – 11.35am  
Long Melford Old School  
info@upbeatheartsupport.org.uk  
www.upbeatheartsupport.org.uk

## **VASP (VOLUNTARY & STATUTORY PARTNERSHIP)**

Meet Wednesdays, bi-monthly, 10.30am – 12pm  
Sally Watson, VASP Chair  
Sally.watson@suffolk.gov.uk  
www.suffolkvasp.co.uk

## **VIPS (VISUALLY IMPAIRED PEOPLE) SUDBURY**

Tuesdays. Monthly. 10am – 12pm  
Carole White, Organiser  
C/o 5 Winchester Road, Bury St Edmunds IP33 3QT  
01284 361003  
cwhite5315@aol.com  
www.sudburyvips.co.uk

## **WILDLIFE WATCH GROUP – SUDBURY**

www.facebook.com/sudburywildlifewatchgroup

## **WOMENS INSTITUTE - SUDBURY GAINSBOROUGH**

Monthly, Wednesdays. 7.30pm  
Gill McLay,  
C/o Hook End, Sudbury Road, Newton,  
Sudbury CO10 0QS  
sudburygainsboroughwi@gmail.com



# A-Z of Organisations

## **WOODS AROUND TOWN**

Meet Thursday, monthly, 7.30pm  
Mrs Jan Osborne, Secretary  
15 Hares Walk, Sudbury, Suffolk CO10 1BL  
01787 466096  
moonriverjan@gmail.com

## **YOUNG FILM MAKERS – SUDBURY & GT CORNARD**

The Offshoot Foundation.  
19 Kings Hill, Gt Cornard, Sudbury CO10 0EH  
01787 370378/07740308048  
admin@theoffshootfoundation.org  
www.theoffshootfoundation.org/young-film-makers

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## Notes

In order to keep this directory as accurate as possible, please notify Sudbury Town Council of any amendments to your organisational details.  
Please write to the Town Hall, Sudbury CO10 1TL or email: [sudburyonshow@sudburytowncouncil.co.uk](mailto:sudburyonshow@sudburytowncouncil.co.uk)  
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# SUDBURY INFORMATION CENTRE



Town Hall, Sudbury, Suffolk. CO10 1TL

## WHAT DO WE DO HERE?

- Town Council business
- Cheaper Colchester Zoo tickets
- Coach excursions for Felix & Klarners
- Regular guided walks
- Guidebooks, maps, walks & cycle leaflets
- Locally crafted gifts, Local Postcards & the Sudbury Calendar
- Books by local authors
- Free accommodation Brochures & Leaflets
- Free monthly Events Booklet of Whats On in & around Sudbury.

We are open Monday - Thursday 9.45am - 4.30pm. Friday 9.45am - 4pm.  
(Closed all days between 12.30pm - 1pm) Saturday 10am - 2.30pm.

[www.sudburytowncouncil.co.uk](http://www.sudburytowncouncil.co.uk)

# indigo ross

Spectrum House  
Woodhall Business Park  
Sudbury Suffolk CO10 1WH

01787 880 260  
[hello@indigoross.co.uk](mailto:hello@indigoross.co.uk)

[indigoross.co.uk](http://indigoross.co.uk)

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